

Group 1 Afterschool Schedule 2026/27 Home Room: Tech Room					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:30-3:30	Fortin West	Fortin West	Snack Tech Rm & Change Out for Swim	Fortin West	Fortin West
3:30-4:00	Snack Time	Snack Time	Change Out	Snack Time	Snack Time
4:00-4:30	Core Value Learning 3:30-4pm	Art & Crafts	Swimming 3:15-4pm 4pm Change Out	Gym Activity TKG/Playground	Steam
4:30-5:00	Gym Activity Fortin West/Playground	Life Skills & Enrichment	Tech Time	Music & Dance TKG	Mental Wellness
5:00-6:00	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up/Playground	Stations & Clean Up

9/25/2026

Fun & Social	Board games, group projects, nature walks, talent shows, cooking basics
Gym Activity/Playgr	Gym games, sports, yoga, mindfulness exercises, and outdoor play.
Core Value Lear	Focus on the YMCA core values intermingling activities reflecting these values.
Mental Wellnes	Mental wellness check in, group chats, activites involving emotion and how to regulate these.
STEAM Time	Actitives around Science, Technolgy, Engineering, Art and Mathematics
Music & Dance	Dance parties, silent disco, music and dancing fun
Arts & Crafts	Drawing, painting, sculpture, digital art, crafts, and creative writing.
Life Skills & Enricl	Focus is on basic of life, tying shoes, address envelope, manners and self awareness
Tech Time	
Wind Down Tim	This is a time to clean up, do some calming table activites and stations