

Group 2 Afterschool Schedule 2026/27 Home Room: Youth Rally					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:30-3:30	Fortin West	Snack Youth Rally & Change Out for Swim	Fortin West	Fortin West	Fortin West
3:30-4:00	Snack Time		Snack Time	Snack Time	Snack Time
4:00-4:30	Gym Activity /Playground Fortin (West)	Change Out	Arts & Crafts	Core Value Learning	Gym Activity /Playground Fortin (West)
4:30-5:00	Life Skills		Music & Dance Youth Rally	Fortin West Gym Activity	Tech Time
5:00-6:00	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up/Playground

9/25/2026

Fun & Social	Board games, group projects, nature walks, talent shows, cooking basics
Gym Activity/Play	Gym games, sports, yoga, mindfulness exercises, and outdoor play.
Core Value Learning	Focus on the YMCA core values intermingling activities reflecting these values.
Mental Wellness	Mental wellness check in, group chats, activities involving emotion and how to regulate these.
STEAM Time	Activities around Science, Technology, Engineering, Art and Mathematics
Music & Dance	Dance parties, silent disco, music and dancing fun
Arts & Crafts	Drawing, painting, sculpture, digital art, crafts, and creative writing.
Life Skills & Enrichment	Focus is on basic of life, tying shoes, address envelope, manners and self awareness
Tech Time	
Wind Down Time	This is a time to clean up, do some calming table activities and stations