

Group 4-6 Afterschool Schedule 2026/27 Home Room: Skytop					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:30-3:30	Fortin East	Fortin East	Snack Skytop & Change Out for Swim	Fortin East	Fortin East
3:30-4:00	Snack Time Skytop	Snack Time Skytop		Snack Time Skytop	Snack Time Skytop
4:00-4:30	Mental Health Time	STEAM Activty	Change out Swim 4:10-4:55 Change Out 4:45	Tech Time	Craft Time
4:30-5:00	Music & Dance TKG/Playground	Core Value Learning & Activity		Fortin Gym West	TKG/Playground
5:00-6:00	Stations & Clean Up	Stations & Clean Up/Playground	Stations & Clean Up	Stations & Clean Up	Stations & Clean Up

9/25/2026

Fun & Social	Board games, group projects, nature walks, talent shows, cooking basics
Gym Activity/Playgr	Gym games, sports, yoga, mindfulness exercises, and outdoor play.
Core Value Lear	Focus on the YMCA core values intermingling activities reflecting these values.
Mental Wellnes	Mental wellness check in, group chats, activites involving emotion and how to regulate these.
STEAM Time	Actitives around Science, Technolgy, Engineering, Art and Mathematics
Music & Dance	Dance parties, silent disco, music and dancing fun
Arts & Crafts	Drawing, painting, sculpture, digital art, crafts, and creative writing.
Life Skills & Enricl	Focus is on basic of life, tying shoes, address envelope, manners and self awareness
Tech Time	
Wind Down Tim	This is a time to clean up, do some calming table activites and stations